

# Paddlers Menu 2021

**Group Size:**

**Tel #:**

**Trip Leader:**

Enter servings next to each choice. If you want Oatmeal on two morning, enter 2, we will adjust for group size. **Everyone** eats the same meal

***BREAKFAST :***

- Oatmeal and Fresh Fruit
- French toast and Maple syrup
- Fresh Eggs, Precooked Bacon, Hash Browns
- Spanish Scrambled Eggs
- Buttermilk Pancakes and Maple syrup

**Special Requests**

***LUNCH :***

- Soup, Sandwiches and Cookies
- Bagel, Cream Cheese and Trail mix
- Quetico Wrap (dried salami, cheese, onion, salsa, tortilla wraps)
- Peanut butter / Jam sandwiches and Fresh fruit
- Mom's dried Tomato and cheese macaroni
- Vegetarian tacos with tortilla wraps
- Shore lunch (catch your fish), fish batter, corn and hash browns

**Special Requests**

***DINNER :***

- 1st Dinner: Steak, Pre-Cooked Potato, Salad and Dessert
- 2nd Dinner: Ham steaks, Mashed potatoes, Vegatable and Dessert
- Shrimp Curry with Rice and dessert
- Chicken blanquette, Egg noodles and Dessert
- Spaghetti with Neapolitan sauce and Dessert (V)
- Chilli and Dessert (V)
- Pad Thai Vegetable & Peanuts and Dessert (V)

**Special Requests**

**Choose your sides and condiments – Enter the TOTAL number of servings.**

|                |                      |                 |                      |               |                      |               |                      |                 |                      |
|----------------|----------------------|-----------------|----------------------|---------------|----------------------|---------------|----------------------|-----------------|----------------------|
| Instant Coffee | <input type="text"/> | Margarine       | <input type="text"/> | Chili Peppers | <input type="text"/> | Lighter       | <input type="text"/> | Fish Breadding  | <input type="text"/> |
| Coffee Mate    | <input type="text"/> | Hot Dog Buns    | <input type="text"/> | Hot Sauce     | <input type="text"/> | Toilet Paper  | <input type="text"/> | Fresh Potatoes  | <input type="text"/> |
| Regular Coffee | <input type="text"/> | White Bread     | <input type="text"/> | Mustard       | <input type="text"/> | J-Cloth       | <input type="text"/> | Onions          | <input type="text"/> |
| Tea            | <input type="text"/> | Wheat Bread     | <input type="text"/> | Ketchup       | <input type="text"/> | Pot Scrubbers | <input type="text"/> | Tartar Sauce    | <input type="text"/> |
| Sugar          | <input type="text"/> | Pitas           | <input type="text"/> | Mayo          | <input type="text"/> | Dish Towel    | <input type="text"/> | Canola Oil (Oz) | <input type="text"/> |
| Hot Cocoa      | <input type="text"/> | Rye Bread       | <input type="text"/> | Jam           | <input type="text"/> | Fire Glove    | <input type="text"/> | Salt & Pepper   | <input type="text"/> |
| Powdered Milk  | <input type="text"/> | Tortillas       | <input type="text"/> | Tin Foil      | <input type="text"/> | Dish Soap     | <input type="text"/> | Garlic Powder   | <input type="text"/> |
| Orange Drink   | <input type="text"/> | Fig Newtons     | <input type="text"/> | Maple Cookies | <input type="text"/> | Hard Candy    | <input type="text"/> | Lemon Juice     | <input type="text"/> |
| Fruit Drink    | <input type="text"/> | Oatmeal Cookies | <input type="text"/> | Fire Starter  | <input type="text"/> | Iced Tea      | <input type="text"/> |                 |                      |

Save the Form and Email to  
boiles@campquetico.on.ca

Questions: (807) 929-2266